

Week	Dates		Monday	Tuesday	Wednesday	Thursday	Friday
1	week com. 5th Sept; 17th Sept; 1st Oct; 15th Oct						
		Main Option	Tomato pasta bake	Sausages in hot dog rolls	Mild chilli con carne with rice	Roast pork & apple sauce	Macaroni cheese
		Veg option if applicable		Veggie sausages in hot dog rolls	Mild veggie chilli with rice	Vegetarian cottage pie	
		Side	Choice of seasonal vegetables	Seasonal vegetables	Mixed salad & Vegetable sticks	Seasonal vegetables & roast potatoes	Mixed salad & Vegetable sticks
		Dessert	Oatmeal, raisin & coconut cookie	Fruity Eton mess	Bananas & custard	Carrot cake	Lemon yogurt cake
		Fruit	Fruit/yogurt	Fruit/yogurt	Fruit/yogurt	Fruit/yogurt	Fruit/yogurt

Week	Dates		Monday	Tuesday	Wednesday	Thursday	Friday
2	week com. 10th Sept; 24th Sept; 8th Oct						
		Main Option	Lasagna	Toad in the hole	Jacket potatoes with baked beans & cheese	Roast pork & apple sauce	Cheese, tomato & sweetcorn pizza breads
		Veg option if applicable	Veggie lasagne	Veggie toad in the hole		Vegetarian cottage pie	
		Side	Mixed leaves & vegetable sticks	Riverford chips & vegetables	Mixed salad & Vegetable sticks	Seasonal vegetables & roast potatoes	Mixed salad & Vegetable sticks
		Dessert	Oatmeal, raisin & coconut cookie	Fruity Eton mess	Bananas & custard	Carrot cake	Lemon yogurt cake
			Fruit/yogurt	Fruit/yogurt	Fruit/yogurt	Fruit/yogurt	Fruit/yogurt